

Holding Steady on *Shaky Ground*

Presented by:

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Person with CBS

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How it started:

Shooting pain in left forearm, which meant I could not do many things.

Loss of smell.

Other left side problems.

Saw numerous doctors, ending up at an orthopedic surgeon.

My timeline:

January 2012 – loss of use of left side

Until October 2017 – 5 years and holding steady! Still working and driving.

What are my symptoms of CBD? All on my left side – clumsiness, slowness of movements, stiffness, jerkiness, holding arm, and can't type with left hand.

I am a *professional* clinical trial volunteer!

What is working? 2 kids. Supportive husband. Having my own business.

Working out and water aerobics. Meds every 3-4 hours. TPI-287 safety study.

Note: I would love to meet and talk to other people in my situation. I have met previously at the Brain Support Network caregiver-only support group meeting with others with CBS; we sat in a separate room as the caregivers.