



Progressive Supranuclear Palsy (PSP)

TOP RESOURCES

Brain Support Network has reviewed most of the resources available on PSP. In our opinion, these are the most helpful resources in 2015:

A Physician's Guide to PSP

Though this video was produced by CurePSP and the PSP Association for MDs, most of it is understandable to laypeople. This 18-minute video features some of the world's top experts in PSP including Dr. John Steele and Dr. Lawrence Golbe.

<https://www.youtube.com/watch?v=IXMv919LOWE>

Exploring diagnosis, management and best practice interventions in relation to PSP, MSA, and CBD

This November 2009 conference for allied health professionals (RNs, PTs, OTs, STs, social workers, etc) in Melbourne, Australia was recorded. One of the world's top researchers of PSP, Dr. David Williams, based in Melbourne, is featured. The multi-hour conference is broken into 10-minute online video segments.

https://www.youtube.com/results?search_query=progressive+supranuclear+palsy+Westymedia&aq=f

“Your Personal Guide to PSP”

The first section of this excellent 110-page introduction to PSP and CBD focuses on symptoms such as cognition/mood, mobility/falls, fatigue/sleep, pain, swallowing, vision, and bladder/bowel. Published April 2013 by The PSP Association (UK).

www.pspassociation.org.uk/wp-content/uploads/2012/07/PT030-13-8-Personal-Guide-to-PSP1.pdf

UCSF PSP/CBD Research Update

This February 2014 conference focused on what UCSF Memory and Aging Center researchers have learned thus far about PSP and CBD, and what research is underway. Most of the eight talks are about 14 minutes in length. There's also an hour-long question-and-answer period with researchers.

www.youtube.com/watch?v=56JAzPba59E

PSP: Some Answers

12-page document from CurePSP was published April 2011.

www.psp.org/file_download/ede9c288-b1d5-41a2-8441-691fcac9935c

National Institute of Neurological Disorders and Stroke Fact Sheet on PSP

NINDS is part of the NIH. This web page was last updated on February 6, 2015.

www.ninds.nih.gov/disorders/psp/detail_psp.htm

Atypical Parkinsonism Symposium

This symposium featured Dr. Irene Litvan and Adam Boxer. Litvan, one of the world's top experts on PSP, gives the keynote on atypical parkinsonism. Boxer, leader of a worldwide clinical trial in PSP, talks at the break-out session on PSP. This October 2012 Stanford University (SF Bay Area) event was recorded. A DVD is available through CurePSP (sponsor of recording) or Brain Support Network (co-organizer).

https://www.youtube.com/channel/UCmbEn5aJoUT_sXo6CSSKw9Q

CurePSP Family Conferences and Webinars

CurePSP records many of its family conferences (available on DVD or online) and webinars (available online). The best neurologist talks at family conferences on PSP are from the Denver event (Dr. Kumar, October 2013), the Boston event (Dr. Golbe, April 2013), and the LA event (Dr. Boxer, May 2011). Stream videos on YouTube (links on the psp.org page) or order a DVD from CurePSP.

www.psp.org/events/family-conferences.html

www.psp.org/events/webinars.html

PSP Blog and Registry

This blog, begun in March 2014 by Dr. Lawrence Golbe, a PSP expert, is oriented towards clinicians and researchers, but public is welcome. "Registry" is open to all.

psp-blog.org

"A Guide for People Living with PSP, CBD, and Other Atypical Parkinsonian Disorders"

118-page booklet from CurePSP was last updated no earlier than September 2012.

www.psp.org/file_download/bdbad4d5-6215-4624-9aec-6f909f459fb5

PSP: A Primer for the Newly Diagnosed

14-minute video full of facts from PSP expert neurologist Dr. Larry Golbe, and full of hopeful messages from a person with PSP, his wife, a volunteer, and Dr. Golbe.

www.psp.org/newlydiagnosed/pspvideo.html

Notes on video: forum.psp.org/viewtopic.php?t=9263