



Lewy Body Dementia (LBD) **TOP RESOURCES**

Brain Support Network has reviewed many resources available on Lewy Body Dementia (LBD), also called Dementia with Lewy Bodies (DLB) and Parkinson's Disease Dementia (PDD). In our opinion, these are some of the most helpful:

An Introduction to Lewy Body Dementia and Medical Alert Card

This publication of the Lewy Body Dementia Association is for newly diagnosed.
lbda.org/content/intro-to-lbd

Lewy Who?

This tri-fold pamphlet from the Lewy Body Dementia Association provides an excellent introduction to LBD.

lbda.org/sites/default/files/78303_lbda_trifold.pdf

Alzheimer's Association Overview of Dementia with Lewy Bodies

This straightforward explanation of DLB symptoms, diagnosis, causes, and treatments includes a list of key differences between Alzheimer's and DLB.

alz.org/dementia/dementia-with-lewy-bodies-symptoms.asp

Lewy Body Dementia: Information for Patients, Families, and Professionals

This 40-page booklet was updated in June 2018 by the National Institute on Aging. It describes the main symptoms of DLB and PDD.

ninds.nih.gov/Disorders/Patient-Caregiver-Education/Hope-Through-Research/Lewy-Body-Dementia-Hope-Through-Research

Understanding Lewy Body Dementia

This thorough presentation on LBD and its treatment, with an extensive Q&A, was presented by Dr. Bradley Boeve in October 2018 in Michigan.

[youtube.com/watch?v=wCJPv0eXeQk](https://www.youtube.com/watch?v=wCJPv0eXeQk)

Parkinson's Disease: Mind, Mood & Memory

This excellent 100-page publication from the Parkinson Foundation has a terrific chapter on Dementia with Lewy Bodies.

www3.parkinson.org/site/DocServer/Mind_Mood_Memory.pdf

10 Things You Should Know About LBD

This short publication of the Lewy Body Dementia Association provides key facts.

lbda.org/content/10-things-you-should-know-about-lbd

Care Briefs and Care Briefs – Behavioral Changes in LBD

This series from the Lewy Body Dementia Association covers sleep and medication. Note especially the briefs written by Rosemary Dawson on behavioral changes.

lbda.org/care-briefs

The Reality of LBD - Hallucinations & Delusions and How to Manage Them

This hour-long webinar in June 2017 is a terrific introduction to the psychiatric and behavioral problems in DLB by Dr. James Galvin.

Webinar recording: [youtube.com/watch?v=zGSS4qNaJH0](https://www.youtube.com/watch?v=zGSS4qNaJH0)

Brain Support Network notes: brainsupportnetwork.org/webinar-notes-hallucinations-and-delusions-in-lbd/

Orthostatic Hypotension (OH) in Parkinson's Disease (PD), Multiple System Atrophy (MSA), and Lewy Body Dementia (LBD)

Dr. Veronica Santini, a Stanford University neurologist, describes the symptoms of OH, lists the conservative and medication interventions, and answers questions. This September 2017 webinar was co-hosted by Brain Support Network.

Webinar recording: www.youtube.com/watch?v=-FzsgUfQ_xI

Brain Support Network notes: brainsupportnetwork.org/notes-orthostatic-hypotension-pd-msa-lbd-webinar/

Lewy Body Dementia: The Under-Recognized but Common Foe

This 2013 article in the Cerebrum publication of The Dana Foundation was written by Drs. Meera Balasubramaniam and James Galvin addresses diagnostic.

dana.org/Cerebrum/Default.aspx?id=65151

Treatment of and Research on Dementia with Lewy Bodies

This update on DLB was given by Dr. Geoff Kerchner, a Stanford University behavioral neurologist, in October 2012. Brain Support Network was an organizer.

[youtube.com/watch?v=UGtvcvz2yT8M](https://www.youtube.com/watch?v=UGtvcvz2yT8M)

Dementia with Lewy Bodies and Parkinson's Disease Dementia: Patient, Family, and Clinician Working Together for Better Outcomes

This very useful guidebook by Dr. J. Eric Ahlskog, a neurologist with years of LBD experience, is written for the lay audience. Published in September 2013.

amazon.com/Dementia-Lewy-Bodies-Parkinsons-Disease/dp/0199977569

UCSF Memory & Aging Center Overviews of DLB and PDD

These webpages examine causes, relationship with age, symptoms, and treatment.

memory.ucsf.edu/education/diseases/dlb

memory.ucsf.edu/dementia/parkinsons/parkinson-disease-dementia