



Lewy Body Dementia (LBD)/ Dementia with Lewy Bodies (DLB) TOP RESOURCES

Brain Support Network has reviewed most of the resources available on Lewy Body Dementia or Dementia with Lewy Bodies. In our opinion, these are the most helpful family resources:

Lewy Who?

This tri-fold pamphlet from the Lewy Body Dementia Association provides an excellent introduction to LBD.

lbda.org/sites/default/files/78303_lbda_trifold.pdf

Treatment of and Research on Dementia with Lewy Bodies

This update on DLB was given by Dr. Geoff Kerchner, a behavioral neurologist. This October 2012 Stanford University (San Francisco Bay Area) event was recorded, and the video available online. Brain Support Network was one of the organizers.

youtube.com/watch?v=UGtcvz2yT8M

The Reality of LBD - Hallucinations & Delusions and How to Manage Them

This hour-long webinar in July 2017 is a terrific introduction to the psychiatric and behavioral problems in DLB by Dr. James Galvin. He addresses the challenges in assessment and management of these symptoms.

Webinar recording: youtube.com/watch?v=zGSS4qNaJH0

Brain Support Network notes: brainsupportnetwork.org/webinar-notes-hallucinations-and-delusions-in-lbd/

Lewy Body Dementia: The Under-Recognized but Common Foe

This article in the Cerebrum publication of The Dana Foundation was written by Drs. Meera Balasubramaniam and James Galvin address the challenges of diagnosing LBD. Galvin is one of the US's top experts on LBD.

dana.org/Cerebrum/Default.aspx?id=65151

Parkinson's Disease: Mind, Mood & Memory

This excellent 100-page publication from the National Parkinson Foundation has a terrific chapter on Dementia with Lewy Bodies.

www3.parkinson.org/site/DocServer/Mind_Mood_Memory.pdf

Dementia with Lewy Bodies and Parkinson's Disease Dementia: Patient, Family, and Clinician Working Together for Better Outcomes

This very useful guidebook by Dr. J. Eric Ahlskog, a neurologist with years of LBD experience, is written for the lay audience. Published in September 2013.

[amazon.com/Dementia-Lewy-Bodies-Parkinsons-Disease/dp/0199977569](https://www.amazon.com/Dementia-Lewy-Bodies-Parkinsons-Disease/dp/0199977569)

Life in the Balance: A Physician's Memoir of Life, Love and Loss with Parkinson's Disease and Dementia

This memoir by Thomas Graboys, MD and Peter Zheutlin, was published in 2008. Many caregivers in our local support group have read aloud parts of this book with their family member with LBD.

[amazon.com/Life-Balance-Physicians-Parkinsons-Dementia/dp/1402768737](https://www.amazon.com/Life-Balance-Physicians-Parkinsons-Dementia/dp/1402768737)

UCSF Memory & Aging Center Overview of Lewy Body Dementias

This webpage provides an overview of both DLB and Parkinson's Disease Dementia (PDD) – causes, symptoms, diagnosis, progression, and treatment.

memory.ucsf.edu/education/diseases/dlb

Alzheimer's Association Overview of Dementia with Lewy Bodies

This straightforward explanation of DLB symptoms, diagnosis, causes, and treatments includes a list of key differences between Alzheimer's and DLB.

alz.org/dementia/dementia-with-lewy-bodies-symptoms.asp

10 Things You Should Know About LBD

This short publication of the Lewy Body Dementia Association provides key facts and an overview of symptoms. Available online only.

lbda.org/content/10-things-you-should-know-about-lbd

Lewy Body Dementia: Information for Patients, Families, and Professionals

This 40-page booklet was published in September 2013 by the National Institute on Aging. It describes the main symptoms of Dementia with Lewy Bodies and Parkinson's Disease Dementia. Available online or request a copy be mailed.

nia.nih.gov/alzheimers/publication/lewy-body-dementia/introduction

Resources for the newly-diagnosed person or his/her family:

An Introduction to Lewy Body Dementia

This publication of the Lewy Body Dementia Association is for people newly diagnosed with LBD and those still seeking answers. Available online along with the Medical Alert Wallet Card.

lbda.org/content/intro-to-lbd