



Corticobasal Degeneration *TOP RESOURCES*

Brain Support Network has reviewed most of the resources available on corticobasal degeneration (CBD). In our opinion, these are the most helpful family resources.

CBS and CBD: Basics & What You Need to Know

Dr. Melissa Armstrong discusses corticobasal syndrome and corticobasal degeneration, how a diagnosis is made, common symptoms, expected progression, and treatment options. 92-minute webinar, March 2020, hosted by The AFTD.

> <http://youtube.com/watch?v=fncGNT88YAw&>

Your Personal Guide to PSP [and CBD]

The first section of this excellent 108-page introduction to PSP and CBD focuses on symptoms such as cognition/mood, mobility/falls, fatigue/sleep, pain, swallowing, vision, and bladder/bowel. Published February 2024 by The PSP Association (UK).

> pspassociation.org.uk/wp-content/uploads/2024/02/Personal-Guide-to-PSP-Updated-address.pdf

CBD: Some Answers

This 12-page document from CurePSP was last updated in 2023.

> [psp.org/assets/resources/items/65d6005cabcf92023-CBD-SOME-ANSWERS-BROCH_SD-compressed_4\(1\).pdf](http://psp.org/assets/resources/items/65d6005cabcf92023-CBD-SOME-ANSWERS-BROCH_SD-compressed_4(1).pdf)

Treating PSP, MSA, and CBD – What can be done?

Dr. Brent Bluett describes symptomatic treatments possible for PSP that can improve quality of life. His message is that each treatment may be minor, but in sum they can make a significant difference. There is always hope! February 2019 webinar, co-hosted by Brain Support Network and Stanford University.

> brainsupportnetwork.org/treating-psp-msa-and-cbd-webinar-notes-recording-resources

Cognitive Changes in Movement Disorders CBS and PSP

Dr. Roy Lin provides an overview of CBS and PSP, with an emphasis on how they fit into the broader frontotemporal degeneration spectrum. This talk was part of the AFTD's May 2024 education conference.

> youtube.com/watch?v=2oRp4ypQNCs

Updates on PSP and CBD, a Tale of Two Cousins

Dr. Nicholas McFarland discusses the commonalities and differences of PSP and CBD, advances in imaging biomarkers, treatment options, and emerging treatments. October 2023 talk, hosted by CurePSP.

> youtube.com/watch?v=ocS6FLBseTY

Person-Centered Care for CBS and PSP: Understanding and Managing Symptoms, Providing Supportive Care

This webinar is aimed at healthcare professionals. The speakers address symptoms, treatments, how these disorders differ from Parkinson's, and approaches to support patients and family caregivers. November 2022 webinar, hosted by The AFTD.

> youtube.com/watch?v=pTWxttVD8As

PSP/CBD Research Update and Practical Conference

In the practical sessions, we hear from a neurologist, a neuro-ophthalmologist, a social worker, a physical therapist, a speech therapist, someone with CBD, someone with PSP, and a caregiver to someone with PSP. Plus, nine US researchers provide updates. October 2017 conference, co-organized by Brain Support Network and UCSF. Recordings, handouts, and notes are available.

> brainsupportnetwork.org/2017-1028-psp-and-cbd-conference/

Assessing Cognitive Changes with PSP, CBD and MSA

Dr. Travis Turner describes cognitive changes that can occur in PSP, CBD and MSA, the neuropsychological evaluation process, and how testing informs the diagnosis, prognosis, and treatment planning. June 2023 webinar, hosted by CurePSP.

> youtube.com/watch?v=OLiEP-AAS2w

Brain Support Network's CBD blog

Our website offers a list of top resources on CBD, the latest diagnostic criteria, and a short overview of the disorder.

> CBD Blog: brainsupportnetwork.org/category/cbd/

> CBD Info: brainsupportnetwork.org/education/corticobasal-degeneration

PSP, CBD, and FTD Brain Donations: Who, What, Where, When and Why?

Brain Support Network's Robin Riddle addresses the brain donation process, noting the crucial need for brain donations to advance science. A UPenn neurologist explained the value of brain donations for research. A wife discusses donating her husband's brain. March 2023 webinar, co-hosted by the Association for Frontotemporal Degeneration and the FTD Disorders Registry.

> Brain Support Network's talk: youtube.com/watch?v=_WG1ksEbWxY

> Full webinar recording: youtube.com/watch?v=F4FcQZjacEY

Guidebook

This 140-page resource on PSP (mostly), CBD, and MSA focuses on incontinence, constipation, dry eyes, and visual issues. Updated 2020, by CurePSP.

> psp.org/assets/resources/items/65d6012f381852020-GUIDEBOOK_web.pdf

Care Partner Guidebook

This 76-page booklet addresses advance healthcare planning (including a feeding tube), Social Security's Compassionate Allowances program, driving, hospice, keeping families strong, and the emotional aspects of caregiving. Updated 2020, by CurePSP.

> psp.org/assets/resources/items/65d6015de072b2020-CAREPARTNERS-GUIDEBOOK_web.pdf